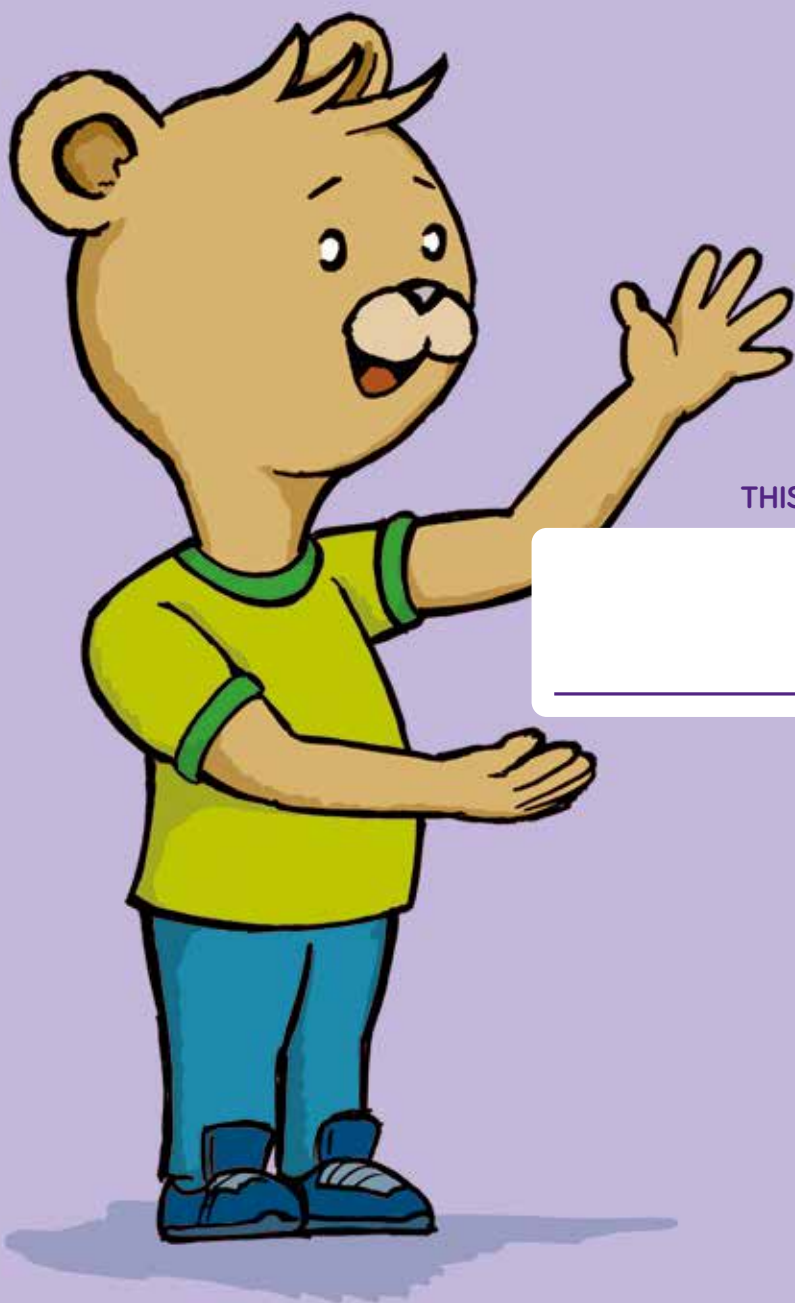


BEN THE BEAR

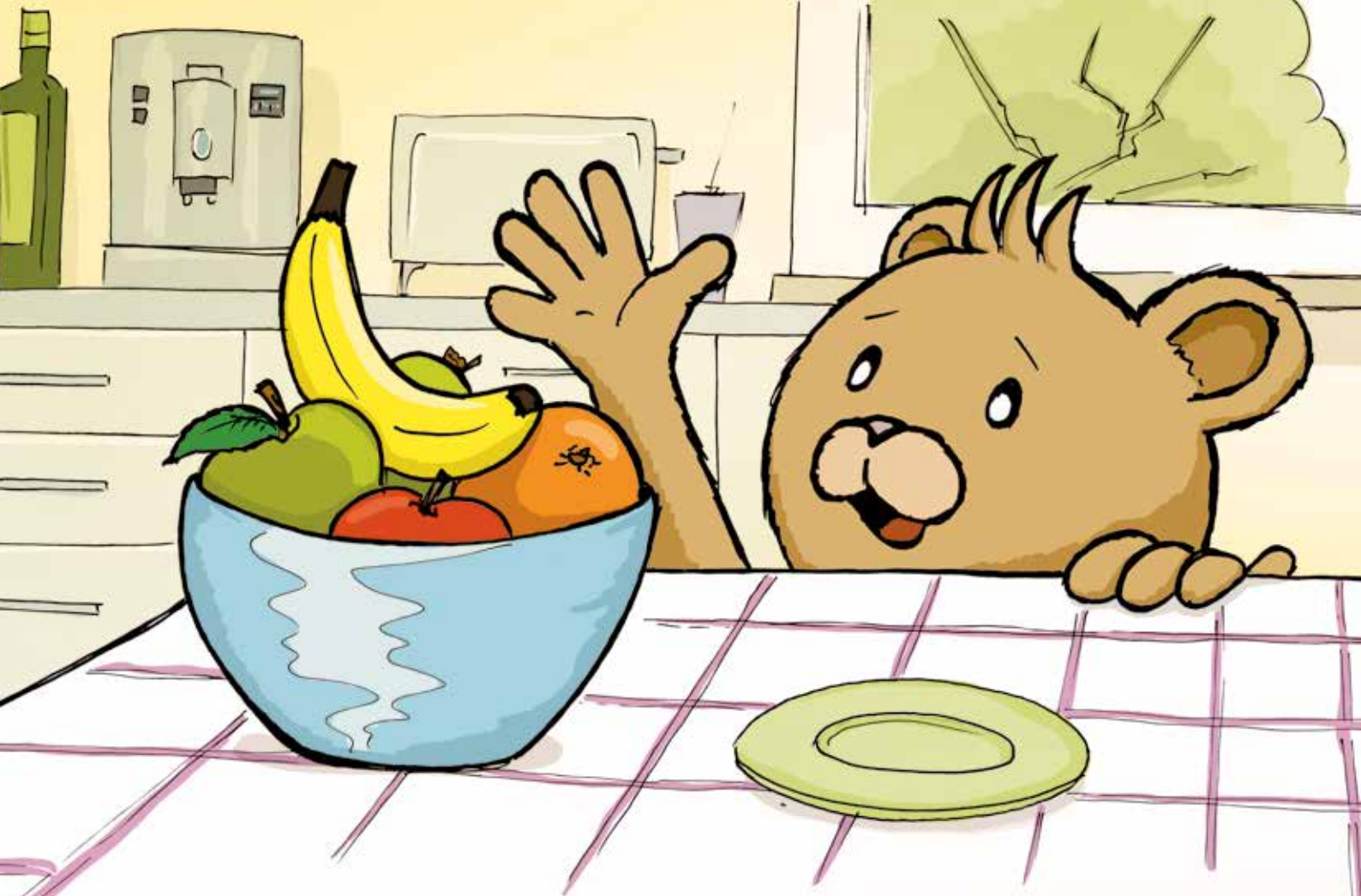
AND HIS OTHER BELLY BUTTON

A story about a strong bear and his gastrostomy button.
**This booklet is intended for patients and carers
of patients using enteral feeding.**



THIS BOOK BELONGS TO

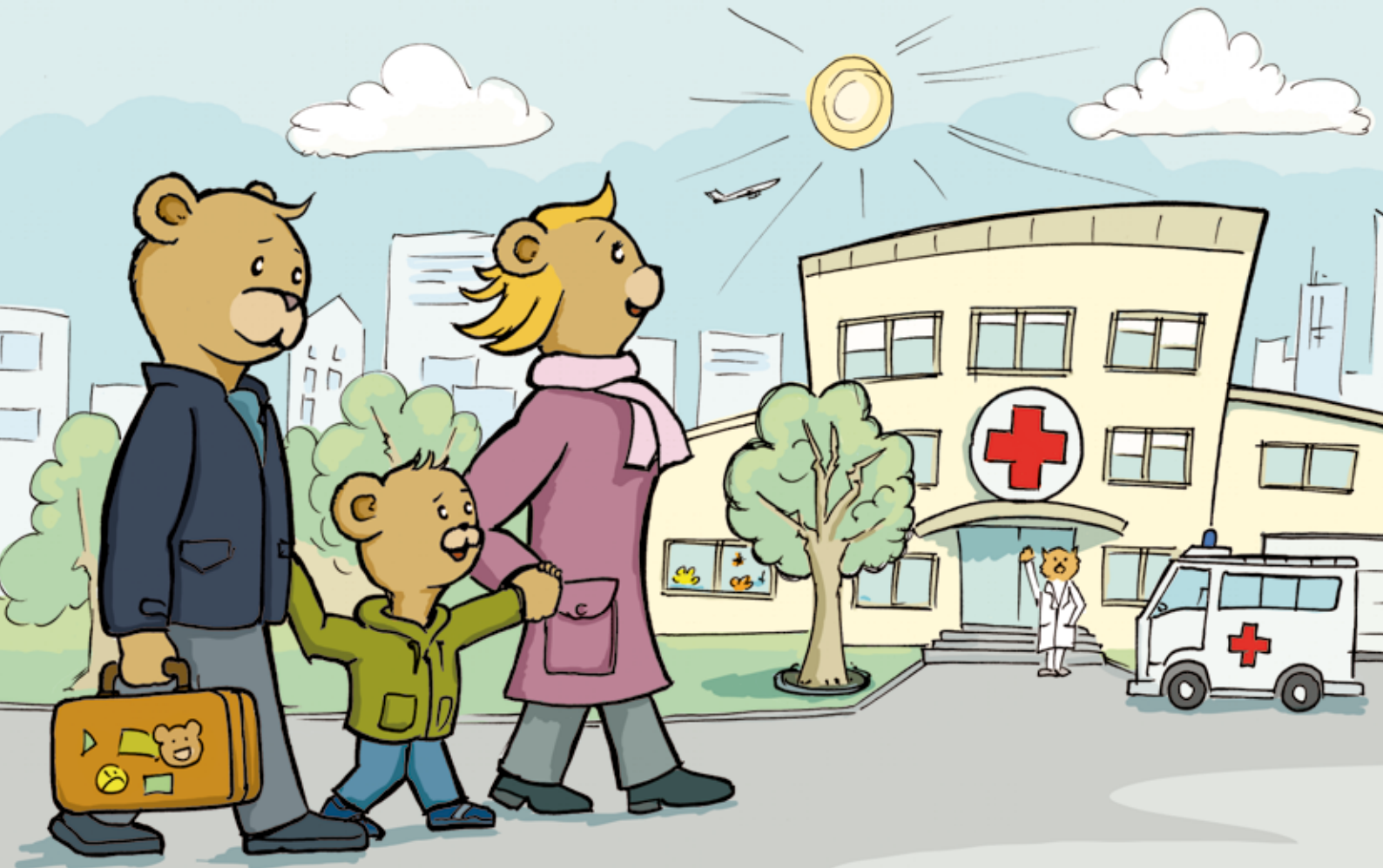
This is the story of a little bear called Ben. Like all little bears Ben enjoyed sweet things, his favourite was sticky honey of course, but he also liked fruit. Ben could never seem to get enough of these treats!



However, Ben wasn't quite like other little bears. Something inside his body didn't work that well. Ben couldn't eat as much of all these yummy things as his body needed, to grow big and stay healthy.

One day, Ben was told that he would need a tummy tube to help him grow. This would make it easier for him to play and run around with all the other little bears. Ben and his parents set out for the hospital. When they got there Ben met all of the nurses and doctors that would be taking care of him and placing his shiny new button.

It looked like an extra belly button, so all the grown-ups called it a button!



Today, Ben would like to tell you more about his extra belly button!

Ben's new button is small and lies flat against Ben's tummy and you can hardly see it underneath his T-shirt. Ben even often forgets that he has a button.

*My new tube is round and small,
and I don't feel it at all.*

*Instead of one belly button, I now have two I
quite like that, wouldn't you?*

Where is Ben's button hiding? Can you see it?

When Ben has to have some of his special food, his mum connects a tiny thin tube to the button.

Ben's food passes through this tube and lands directly inside his tummy.

*When I want food I call out to my
mum to come.*

*She connects the tube to the button
to give me some.*

*My food lands right inside my tummy,
if my mum can do it, so can your
mummy!*

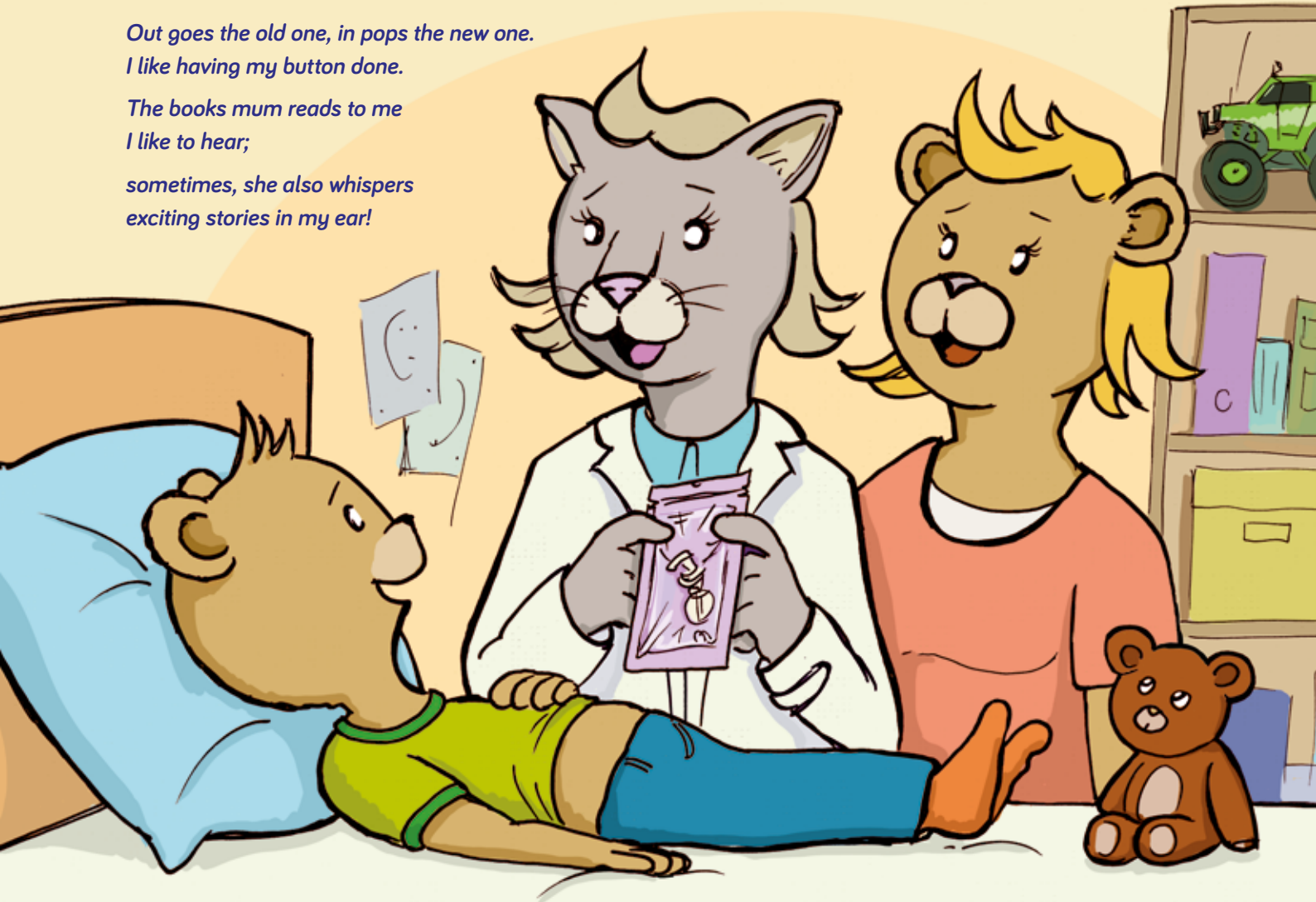


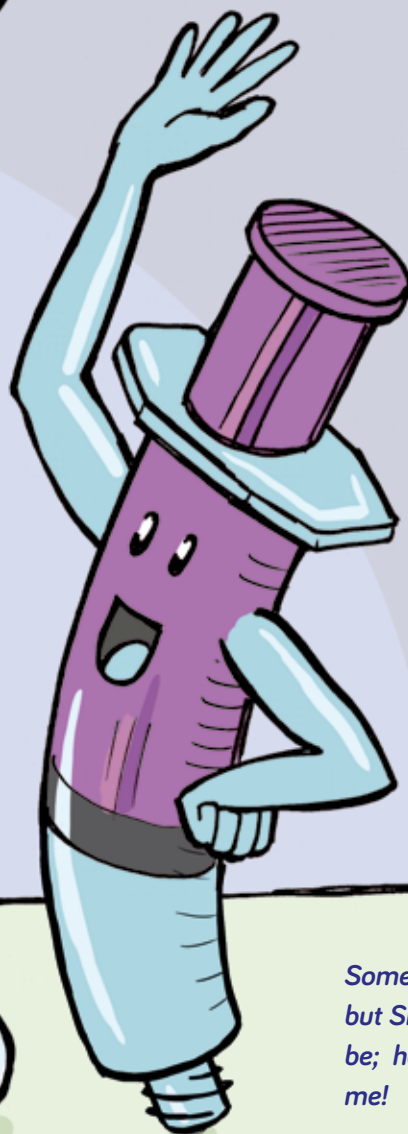
Sometimes, Ben's button also needs changing. Ben doesn't mind though. It's no big deal after all. Either the nice nurse does it, or his parents. Ben doesn't even have to go to hospital to have his button changed; changing it is so easy that it can be done at home. Ben thinks the whole thing is quite exciting – at least as exciting as the stories they read to him as he is having his button changed.

*Out goes the old one, in pops the new one.
I like having my button done.*

*The books mum reads to me
I like to hear;*

*sometimes, she also whispers
exciting stories in my ear!*

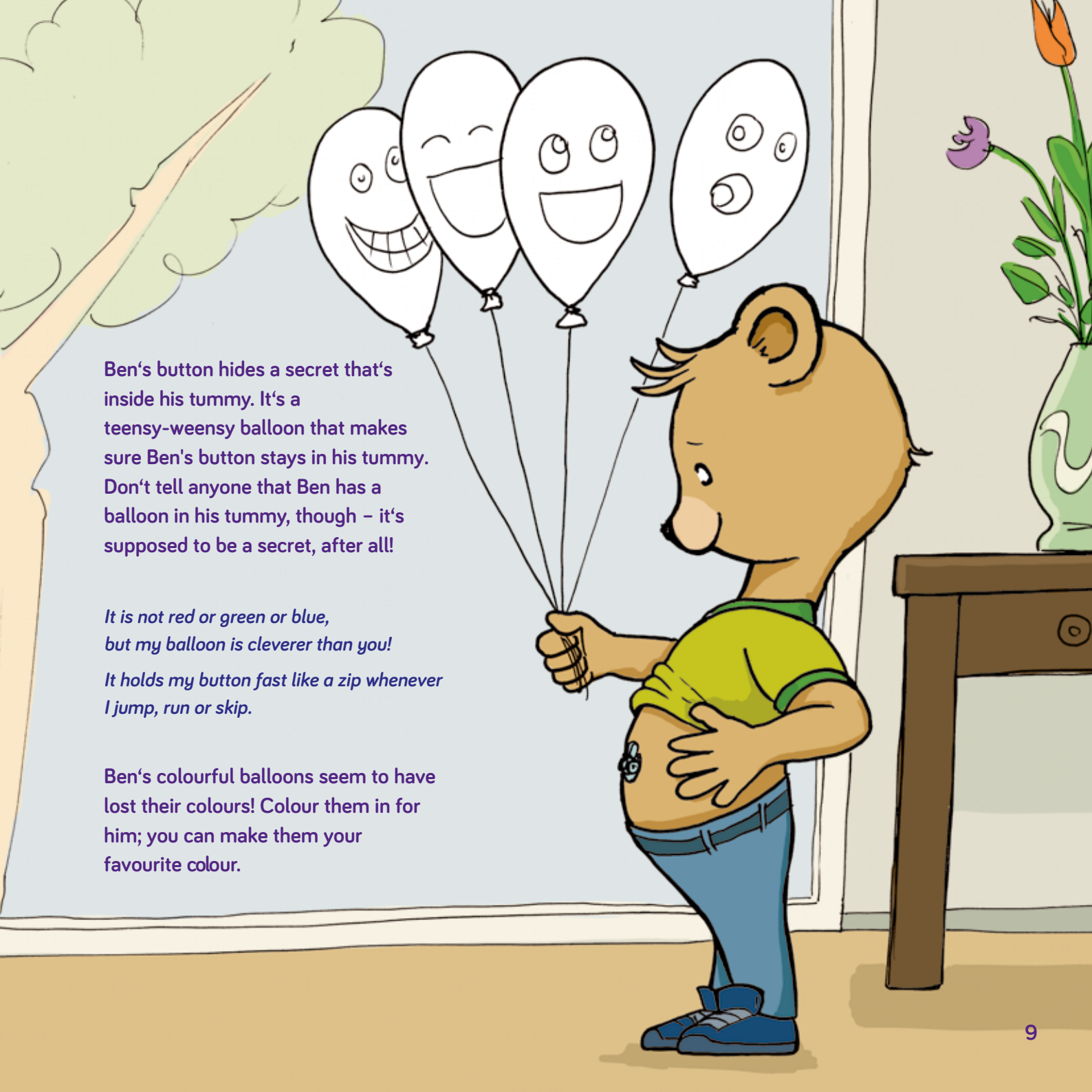




His friend Simon the Syringe is always there when Ben's button is being used.

Simon simply pulls his hat off for a second and fills himself up with water in no time. This water keeps Ben's tube nice and clean.

Some people find syringes scary, but Simon the Syringe is as kind as can be; he's a really good friend to you and me!



Ben's button hides a secret that's
inside his tummy. It's a
teensy-weensy balloon that makes
sure Ben's button stays in his tummy.
Don't tell anyone that Ben has a
balloon in his tummy, though – it's
supposed to be a secret, after all!

*It is not red or green or blue,
but my balloon is cleverer than you!*

*It holds my button fast like a zip whenever
I jump, run or skip.*

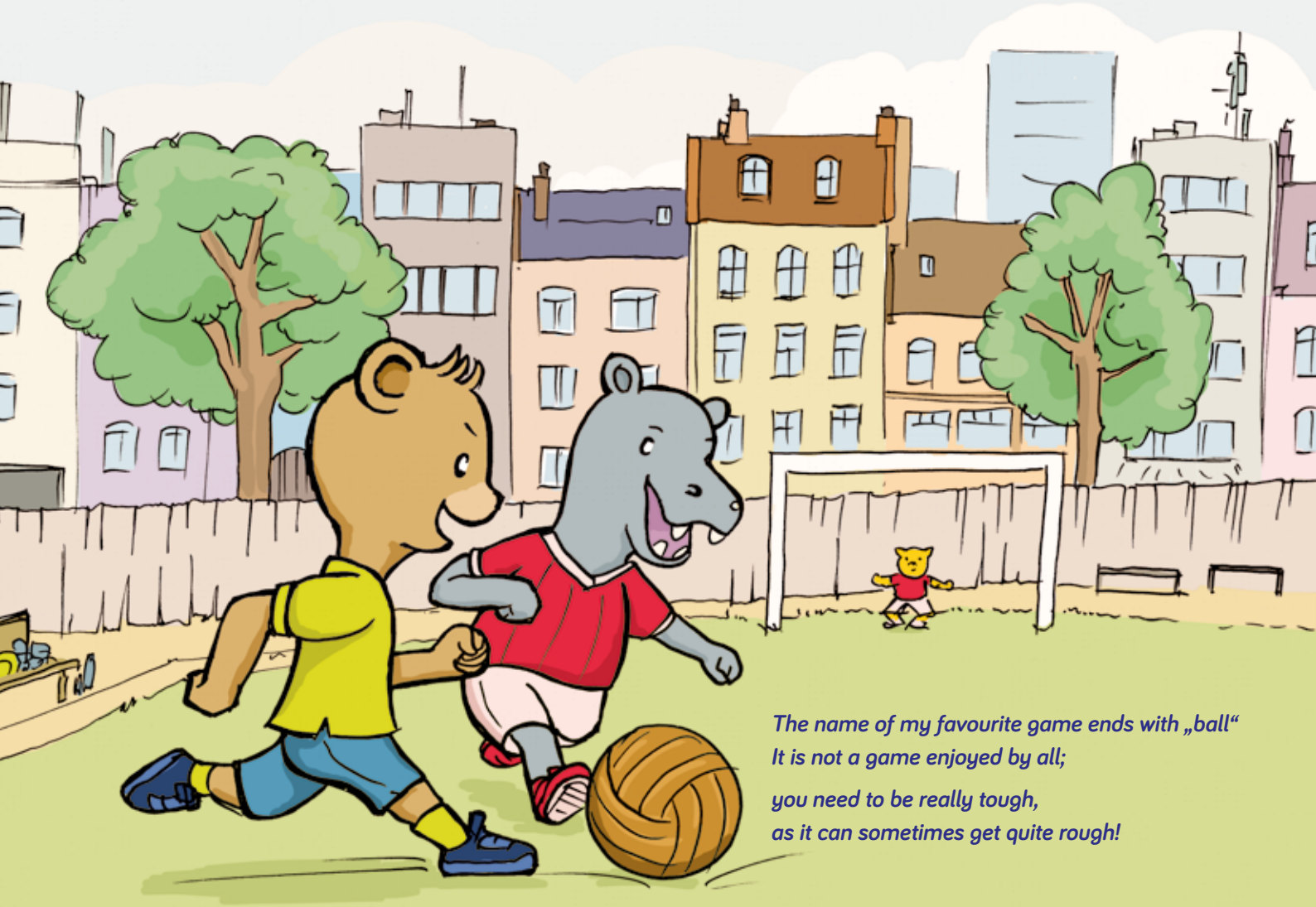
Ben's colourful balloons seem to have
lost their colours! Colour them in for
him; you can make them your
favourite colour.

Ben loves water. He likes nothing better than splashing around in the bath. Luckily, the button doesn't mind water. Ben's fur ends up nice and clean – and the bathroom ends up full of water!

*When I'm in my bath
I splish and splash,
my button loves water and so do I.
And when I'm all clean, mum just pats me dry.*



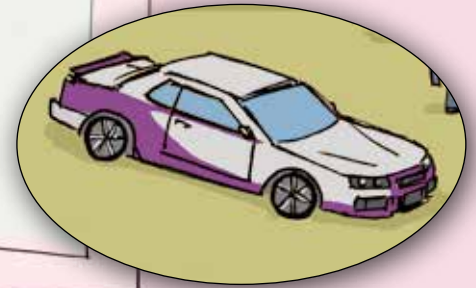
Ben is very lucky to have his button, now he can play and run around with his friends. No one even knows that he has a second belly button, unless Ben wants to show them. Ben's button doesn't keep him from enjoying his favourite game!



*The name of my favourite game ends with „ball“
It is not a game enjoyed by all;
you need to be really tough,
as it can sometimes get quite rough!*

Ben and his friends have a favourite game. Do you know what it's called?

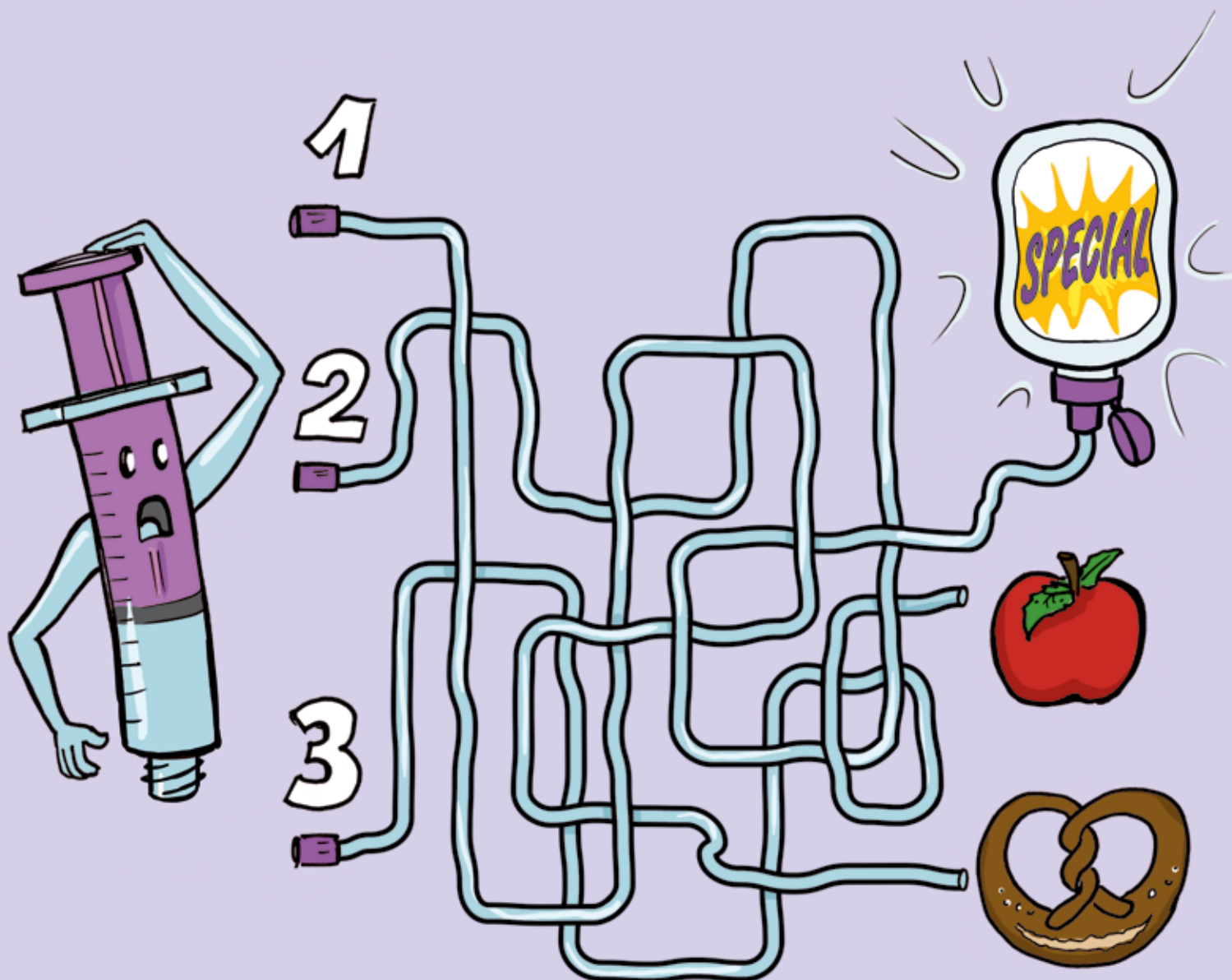
Now you know the story of Ben and his new button. All of these things next to Ben were mentioned in the story. Do you remember where you can find them?



Oopsy, the story seems to have run out of colour. If you like, you can colour Ben in with your colouring pens and maybe, you could draw yourself right next to him.



Oh no, what a mess! Can you help Simon the Syringe to find the right tube that leads to Ben's special food? Remember, solid food won't fit through the thin tube!





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