

FACT SHEET 6: PERSONAL LIFE

CAN I HAVE A NORMAL RELATIONSHIP?

When you have a feeding tube you can still have a relationship with someone.

AM I GOING TO BE ABLE TO HAVE CHILDREN?

There are many different reasons why people need to have feeding tubes. Your nutritional needs will change during pregnancy so it is important to discuss your plans with your doctor and healthcare professionals; doing so will help to ensure you get the support you need whilst tube feeding during pregnancy.

Please make sure you discuss with your healthcare professionals and ask all the questions you have so you are fully informed and have the necessary information to plan for your future.

HOW CAN I EXPLAIN TUBE FEEDING TO MY FRIENDS?

Your feeding tube may be hidden under your clothing, however, your giving set may be visible. It is totally up to you what you tell your friends — you have control over what you want them to know.

If you need to have your tube feeds when you are at school or work, or with your friends, it is completely up to you to give them as much information as you want to.

If you don't feel ready to discuss details about your feeding tube you could direct them to the PINNT website (pinnt.com) to answer their queries.

This information is intended for patients who have been prescribed a tube feed by a healthcare professional.

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